Shawn Grant PT, MS, OCS, Cert. MDT
Wixom Center | Canton Center | Milan Center

Shawn is an accomplished physical therapist specializing in sports and orthopedic rehabilitation. He has been with Plymouth Physical Therapy Specialists since 2004 acting as clinic director for the Wixom and Canton centers. Shawn is certified in Mechanical Diagnosis and Therapy and has been a board certified Orthopedic Clinical Specialist since 2006. He is now completing a fellowship in applied functional science, which is an innovative and dynamic approach to the use of functional movements. These advanced training opportunities and specializations have enhanced his ability to effectively diagnose orthopedic injuries and design programs specific to the individual needs of the patient. Shawn has a particular interest in the rehabilitation of the throwing athlete, foot and ankle biomechanics, orthotic fabrication, and post tendon/ligament reconstruction. He frequently lectures to local physician groups, physical therapy and athletic training staff, case managers, and community groups on various orthopedic topics.

Shawn graduated from Alma College where he was a two sport athlete and later completed his physical therapy degree from the University of Indianapolis. He has been married to his wife for 12 years and has three very active boys who share their passion for sports and fitness.

Katie Mulligan Smith, MS, AT, ATC, CWT

Katie is a BOC certified and Michigan licensed Athletic Trainer. She was born and raised here in Michigan and went to high school in the South Lyon School district. After high school, Katie graduated from the Eastern Michigan University receiving her Bachelor’s of Science degree in Athletic Training in 2009. She then continued at Eastern Michigan to earn her Master’s degree in Sport Management.

Katie has been working as an Athletic Trainer since 2009. She has worked at various high schools and colleges around the Metro Detroit area as a contingent Athletic Trainer for Plymouth Physical Therapy Specialist and volunteering her services at various community programs such as the Susan G Komen Breast Cancer 3-day walk as a Sports Medicine Professional.

Katie is extremely excited to join the team at Walled Lake Western High School as there full time Athletic Trainer. Go Warriors!

Alissa Kern, MS, ATC, PTA

Alissa started working with Plymouth Physical Therapy Specialists in August of 2008. Alissa received her undergraduate degree from Michigan State University in Kinesiology with a specialization in athletic training and her graduate degree from University of South Carolina in Athletic Medicine.

Alissa started her career as an athletic trainer at a local high school for 5 years. In Aug 2011, she went back to school at Kent State University to receive her PTA. Since Aug 2012, Alissa as been running our athletic training program, overseeing the local high schools, where we provide sports medicine coverage.