Wash Your Hands Often

- Wet hands, apply soap and scrub for at least 20 seconds.
- Thoroughly rinse under warm, running water.
- Dry hands completely with paper towel. Use paper towel to turn off faucet handles and open restroom doors.

Public Health
BEFORE YOU SNEEZE OR COUGH...

REMEMBER

1. Use Tissue
2. Cover Your Nose & Mouth
3. Put Tissue in Trash
4. Wash Your Hands

REMEMBER
Sniffle, Snort, Cough or Sneeze Always Use a Tissue Please.
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